

SUMMER

December	Apricot asparagus (white) avocado (hass) blackberry blueberry boysenberry brussels sprouts cherry	currant (red & Black) Daikon radish Dragonfruit (imp) fig globe artichoke golden enoki mushroom jaboticaba kohlrabi	loganberry longan lychee mango nectarine okra peach plum	rambutan salsify/tragopogon savoy cabbage silverbeet squash warrigal greens zucchini flower
January	Apricot avocado (shepard) blackberry blueberry boysenberry brussels sprouts cherry daikon radish	dragonfruit fig golden enoki mushroom gooseberry jaboticaba kohlrabi loganberry longan	lychee mango mangosteen nectarine okra peach plum rambutan	rosella/bubsicuss salsify/tragopogon savoy cabbage silverbeet squash warrigal greens zucchini flower
February	Apricot avocado (shepard) blackberry blueberry boysenberry brussels sprouts cherry corella pear cumquat	daikon radish dragonfruit feijoa/guava fig golden enoki mushroom gooseberry jaboticaba kohlrabi longan	lychee mango mangosteen nectarine okra peach plum pomegranate rambutan	rosella/hibiscus runner & snake beans salsify/tragopogon savoy cabbage silverbeet squash warrigal greens zucchini flower

AUTUMN

March	avocado (shepard) blackberry blueberry brussels sprouts celeriac chestnut corella pear cumquat daikon radish dragonfruit feijoa/guava	fig golden enoki mushroom gooseberry jaboticaba kaffir lime kiwiberry kohlrabi longan lotus root lychee mango	mangosteen nashi pear nectarine okra peach persimmon pine mushroom plum pomegranate purple congo potatoes quince	rambutan rosella/hibiscuss runner & snake beans salsify/tragopogon savoy cabbage silverbeet slippery jack mushroom squash tamarillo warrigal greens zucchini flower
April	avocado (hass) avocado (shepard) blueberry brussel sprouts celeriac chestnut corella pear cumquat daikon radish dragonfruit feijoa/guava	fig globe artichoke golden enoki mushroom gooseberry kaffir lime kiwiberry kohlrabi longan lotus root mandarin mango (imp)	mangosteen nashi pear okra persimmon pine mushroom plum pomegranate purple congo potatoes quince rambutan rosella/hibiscus	runner & snake beans savoy cabbage silverbeet slippery jack mushroom squash tamarillo taro warrigal greens zucchini flower
May	avocado (hass) blackberry blueberry brussel sprouts celeriac chestnut corella pear cumquat daikon radish dragonfruit feijoa/guava	fig globe artichoke golden enoki mushroom gooseberry horseradish kaffir lime kohlrabi longan lotus root mandarin mango (imp)	nashi pear okra persimmon pine mushroom pomegranate purple congo potatoes quince rambutan rosella/hibiscus salsify/tragopogon savoy cabbage	silverbeet slippery jack mushroom squash tamarillo taro warrigal greens zucchini flower

WINTER

June	avocado (hass) blackberry blueberry broad beans brussels sprouts buddha hands cauliflower (green & Purple) celeriac cherry (imp) chestnut	corella pear cumquat custard apple daikon radish dragonfruit feijoa/guava fig globe artichoke golden enoki mushroom gooseberry horseradish	jerusalem artichoke kaffir lime kohlrabi longan lotus root mandarin mango (USA) nashi pear persimmon plantain banana purple congo potatoes	salsify/tragopogon savoy cabbage silverbeet squash tamarillo tangelo taro warrigal greens zucchini flower
July	avocado (hass) blackberry blood orange blueberry broad beans brussel sprouts buddha hands carambola/starfruit cauliflower (green & Purple) celeriac	cherry (imp) chestnut corella pear custard apple daikon radish dragonfruit fig globe artichoke golden enoki mushroom gooseberry horseradish	jerusalem artichoke kaffir lime kohlrabi lotus root mandarin mango (USA) nashi pear persimmon plantain banana purple congo potatoes salsify/tragopogon	savoy cabbage silverbeet squash tamarillo tangelo taro warrigal greens zucchini flower
August	avocado (hass) blackberry blood orange blueberry broad beans brussel sprouts buddha hands carambola/starfruit cauliflower (green & Purple) celeriac	corella pear custard apple daikon radish dragonfruit fig globe artichoke golden enoki mushroom gooseberry horseradish jerusalem artichoke kaffir lime	kohlrabi lotus root mandarin mango nashi pear persimmon plantain banana purple congo potatoes runner & snake beans salsify/tragopogon savoy cabbage	silverbeet squash tamarillo tangelo taro warrigal greens zucchini flower

SPRING

September	avocado (hass) blood orange blueberry broad beans brussels sprouts carambola/starfruit cauliflower (green & Purple)	celeriac corella pear custard apple daikon radish dragonfruit (imp) fig globe artichoke golden enoki mushroom	kohlrabi mandarin mango mulberry nashi pear okra plantain banana purple congo potatoes	runner & snake beans salsify/tragopogon savoy cabbage silverbeet squash tamarillo warrigal greens zucchini flower
October	asparagus (white) avocado (hass) blood orange blueberry broad beans brussels sprout carambola/starfruit corella pear	custard apple daikon radish dragonfruit (imp) fig globe artichoke golden enoki mushroom kohlrabi mandarin	mango mulberry nashi pear okra purple congo potatoes runner & snake beans salsify/tragopogon savoy cabbage	silverbeet squash tamarillo warrigal greens zucchini flower
November	apricot asparagus (white) avocado (hass) blackberry blueberry boysenberry broad beans brussels sprout	cherry corella pear daikon radish dragonfruit (imp) fig globe artichoke golden enoki mushroom jaboticaba	kaffir lime kohlrabi longan lychee mango nashi pear nectarine okra	peach plum rambutan salsify/tragopogon silverbeet squash warrigal greens zucchini flower

BY CALENDAR MONTH

• Indicates in season

Vegetables	SUMMER		AUTUMN		WINTER		SPRING	
	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY
artichoke, globe	•				•	•	•	•
artichoke, jerusalem							•	•
asparagus (white)	•							•
avocado (hass)		•	•	•	•	•	•	•
avocado (shepard)		•	•	•	•	•	•	•
broad beans						•	•	•
runner & snake beans				•	•	•	•	•
brussel sprouts	•	•	•	•	•	•	•	•
buddha hands						•	•	•
cauliflower (green & purple)						•	•	•
celeriac				•	•	•	•	•
daikon radish	•	•	•	•	•	•	•	•
horseradish						•	•	•
kohlrabi	•	•	•	•	•	•	•	•
lotus root				•	•	•	•	•
mushrooms (golden enoki)	•	•	•	•	•	•	•	•
mushrooms (pine)								•
mushrooms (slippery jack)				•	•	•	•	•
okra	•	•	•	•	•	•	•	•
purple congo potatoes	•	•	•	•	•	•	•	•
salsify/tragopogon	•	•	•	•	•	•	•	•
savoy cabbage	•	•	•	•	•	•	•	•
silverbeet	•	•	•	•	•	•	•	•
squash	•	•	•	•	•	•	•	•
taro				•	•	•	•	•
warrigal greens	•	•	•	•	•	•	•	•
zucchini flower	•	•	•	•	•	•	•	•

• Indicates in season

Fruit	SUMMER		AUTUMN		WINTER		SPRING	
	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY
apricot	•	•	•					•
berries - blackberry	•	•	•	•	•	•	•	•
- blueberry	•	•	•	•	•	•	•	•
- boysenberry	•	•	•	•	•	•	•	•
- gooseberry	•	•	•	•	•	•	•	•
- loganberry	•	•						•
- mulberry								•
blood orange							•	•
carabola/starfruit							•	•
cherry	•	•	•				imp	imp
chestnut				•	•	•	•	•
cumquat				•	•	•	•	•
currant (black & red)	•							•
custard apple						•	•	•
dragonfruit	imp	•	•	•	•	•	imp	imp
feijoa/guava				•	•	•		•
fig	•	•	•	•	•	•	•	•
jaboticaba				•	•	•	•	•
kaffir lime				•	•	•	•	•
kiwiberry				•	•	•	•	•
longan	•	•	•	•	•			•
lychee	•	•	•	•				•
mandarin				•	•	•	•	•
mango	•	•	•	•	imp	imp	imp	imp
mangosteen				•	•	•	•	•
nectarine	•	•	•	•				•
peach	•	•	•	•	•	•	•	•
pear - corella				•	•	•	•	•
- nashi				•	•	•	•	•
persimmon				•	•	•	•	•
plantain banana							•	•
plum	•	•	•	•	•	•	•	•
pomegranate				•	•	•	•	•
quince				•	•	•	•	•
rambutan	•	•	•	•	•	•		•
rosella/hibiscus				•	•	•	•	•
tamarillo				•	•	•	•	•
tangelo						•	•	•